



Dinner Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Grill Works</u>	<u>Grill Works</u>	<u>Grill Works</u>	<u>Grill Works</u>	<u>Grill Works</u>	<u>Grill Works</u>	<u>Grill Works</u>
Grilled Bacon & Pepper Jack Cheese Sandwich 481 Calories Wild Rice (GF)(VG)	Sausage Egg & Cheese English Muffin 326 Calories French Fries (GF)(VG) 110 Cal, 3oz	Greek Turkey Sliders (GF)(DF)(BW) 282 Cal, 2 Each Potato Chips 150 Cal, 1oz	Meatball Subs 781 Calories French Fries (GF)(VG) 110 Cal, 3oz	Smoked Sausage Links with Pepper Jack Cheese 480 Calories Sour Cream & Onion Chips 150 Cal, 1oz	Baked Chipotle Chicken (GF)(DF) 265 Cal. Each French Fries (GF)(VG) 110 Cal, 3oz	Herbed Garlic Chicken (GF)(DF) 411.2 Cal, 7oz French Fries (GF)(VG) 110 Cal, 3oz
<u>Pizza/Al Dente's</u>	<u>Pizza/Al Dente's</u>	<u>Pizza/Al Dente's</u>	<u>Pizza/Al Dente's</u>	<u>Pizza/Al Dente's</u>	<u>Pizza/Al Dente's</u>	<u>Pizza/Al Dente's</u>
Beef Pizza 381 Cal, Slice Cheese Pizza 297.3 Cal, Slice	Sicilian Pizza 361 Cal, Slice Cheese Pizza 297.3 Cal, Slice	Cheesy Sausage & Shells 514 Cal, 6oz Chicken Parmesan (GF) 667.8 Calories	Beef & Bacon Pizza 459.9 Cal, Slice Cheese Pizza 297.3 Cal, Slice	Creamy Spinach Tomato & Shells 486 Cal, 4oz Tandoori Chicken Breast (GF) 401 Cal, Ea.	Chicken Bacon Ranch Pizza 416 Cal, Slice Cheese Pizza 297.3 Cal, Slice	Sausage Pizza 446.4 Cal, Slice Cheese Pizza 297.3 Cal, Slice
<u>Comfort Zone</u>	<u>Comfort Zone</u>	<u>Comfort Zone</u>	<u>Comfort Zone</u>	<u>Comfort Zone</u>	<u>Comfort Zone</u>	<u>Comfort Zone</u>
Lemon Chicken (GF)(DF) 258 Cal. Each Scalloped Potatoes 117 Cal, 4oz Roasted Brussels Sprout 104 Cal, ¾ Cup Pacific Blend (GF)(VG)(BW) 30 Cal, 6oz	Chicken Thigh with Poblano Pepper Cream Sauce (GF) 484 Cal. Rice Pilaf 200 Cal, 4oz Capri Blend Vegetable 25 Cal, 2/3 Cup Green Peas 60 Cal, ½ Cup	Nacho Bar 1189.1 Cal, Ea. With all options	Bruschetta Chicken (GF)(DF) 250 Cal., 4oz Rosemary Potatoes (GF)(BW)(VG) 100 Cal, 2T California blend (GF)(DF)(VG) 20 Cal, ½ Cup Italian Cut Green Beans (GF)(BW)(VG) 60 Cal, ½ Cup	Firecracker Chicken Wrap 639 Cal, Ea. With all options	Braised Pork Chops with Cabbage & Apples (GF)(DF) (BW) 449 Cal Dijon Roasted Potatoes (GF)(VG) (BW) 115.7Cal, 4oz. Sugar Snap Peas (GF)(VG) (BW) 15 Cal, 10 pods Baby Carrots (GF)(VG)(BW) 30 Cal, ¾ Cup.	Beef & Broccoli Stir Fry (GF)(DF) 145.5 Cal, 6oz White Rice (GF)(VG) 110 Cal, 4oz Oriental Blend (GF)(VG) 35 Cal, ¾ Cup Sliced Carrots (GF)(Vegan) 50 Cal, 1 Cup
<u>Herbs Garden</u>	<u>Herbs Garden</u>	<u>Herbs Garden</u>	<u>Herbs Garden</u>	<u>Herbs Garden</u>	<u>Herbs Garden</u>	<u>Herbs Garden</u>
Savory Lemon & Herb Baked Tofu 100 Cal, 4oz	Vegan Stuffed Poblano Peppers (GF)(BW) 330 Cal / Each	Roasted Garlic Hummus 480 Cal, Ea. With all options	Mushroom & Caramelized Onion Bruschetta 356 Cal	Spiced Quinoa and Chickpea Bites 392 Cal, Ea. With all options	Baby Carrots (GF)(VG)(BW) 30 Cal, ¾ Cup.	Vegan Seitan & Broccoli Stir Fry 223 Cal
<u>Showthyme</u>	<u>Showthyme</u>	<u>Showthyme</u>	<u>Showthyme</u>	<u>Showthyme</u>	<u>Showthyme</u>	<u>Showthyme</u>
Cereal & Waffle Station (GF) 270 Cal, Ea	Cereal & Waffle Station (GF) 270 Cal, Ea	Cereal & Waffle Station (GF) 270 Cal, Ea	Cereal & Waffle Station (GF) 270 Cal, Ea	Cereal & Waffle Station (GF) 270 Cal, Ea	Cereal & Waffle Station (GF) 270 Cal, Ea	Cereal & Waffle Station (GF) 270 Cal, Ea