



Dinner Menu



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|---|--|
| <u>Grill Works</u> | <u>Grill Works</u> | <u>Grill Works</u> | <u>Grill Works</u> | <u>Grill Works</u> | <u>Grill Works</u> | <u>Grill Works</u> |
| Turkey Carnitas (GF)(DF) 521.3 Cal, 2 Ea. | Bacon Swiss Chicken Sandwich (GF) 410 Calories | Hot Ham & Cheese On a Bun (GF available upon Request) 208 Calories | Buffalo Chicken Sandwich (GF) 424 Calories | Polish Sausage (GF)(DF) 411 Calories | Grilled Turkey & Swiss Sandwich 325.6 Cal | Latin Morning Stacks (GF)(DF) 471.6 Calories |
| Black Beans (GF)(VG)(BW) 201 Cal, 4oz | French Fries (GF)(VG) 110 Cal, 3oz | BBQ Chips 150 Cal, 1oz | French Fries (GF)(VG) 110 Cal, 3oz | Sour Cream & Onion Chips 150 Cal, 1oz | French Fries (GF)(VG) 110 Cal, 3oz | <u>Pizza/Al Dente's</u> |
| Spanish Rice (GF)(VG)(BW) 223 Cal, 4oz | | Capri Blend Vegetable (GF)(VG)(BW) 25 Cal, 2/3 Cup | | Broccoli (GF)(VG)(BW) 15 Cal, 4oz | | Basil Chicken & Roasted Red Pepper Pizza 425 Cal, Slice |
| <u>Pizza/Al Dente's</u> | <u>Pizza/Al Dente's</u> | <u>Pizza/Al Dente's</u> | <u>Pizza/Al Dente's</u> | <u>Pizza/Al Dente's</u> | <u>Pizza/Al Dente's</u> | <u>Comfort Zone</u> |
| BBQ Pork Pizza 369 Cal, Slice | Pesto Chicken Pizza 324.6 Cal, Slice | Corn (GF)(VG)(BW) 70 Cal, 4oz | Margherita Pizza 307.5 Cal, Slice | Roasted Yellow Squash (GF)(VG)(BW) 35.1 Cal, 4oz | Double Pepperoni Pizza 410 Cal, Slice | Cheese Pizza 297.3 Cal, Slice |
| Cheese Pizza 297.3 Cal, Slice | Cheese Pizza 297.3 Cal, Slice | | Cheese Pizza 297.3 Cal, Slice | | Cheese Pizza 297.3 Cal, Slice | |
| <u>Comfort Zone</u> | <u>Comfort Zone</u> | <u>Pizza/Al Dente's</u> | <u>Comfort Zone</u> | <u>Pizza/Al Dente's</u> | <u>Comfort Zone</u> | <u>Comfort Zone</u> |
| Chicken Marsala (GF)(DF) 614.4 Cal, Ea. | Beef Or Cheese Enchilada 364 Cal, 2 ea. | Blackened Chicken (GF)(DF) 349 Calories | Beef Stew with Bacon (DF) 257.9 Cal, 6oz | Mediterranean Fire Roasted Tomato Spaghetti 398.3 Cal, 6oz | Dijon Grilled Pork Chops (GF) 335 Calories | Kung Pao Pork 154.5 Cal, 5oz |
| Buttered Egg Noodles (GF VG Noodles available) 116 Cal, 4oz | Spanish Rice (GF)(VG)(BW) 223 Cal, 4oz | Alfredo Pasta Bake 386 Cal, 8oz | Mashed Potatoes (GF) 243.3 Cal, 6oz | Grilled Chicken Breast (GF)(DF)(BW) 130 Cal, Each | Ranch Roasted Potatoes (GF)(VG)(BW) 280 Cal, 4oz | White Rice (GF)(VG) 103 Cal, 4oz |
| Roasted Cauliflower (GF)(VG)(BW) 37.9 Cal, 4oz | Spicy Sautéed Spinach (GF)(VG)(BW) 117 Cal, 4oz | <u>Comfort Zone</u> | Italian Blend (GF)(VG)(BW) 60 Cal, 4oz | <u>Comfort Zone</u> | Peas & Mushrooms (GF)(Vegan) 30 Cal, ¼ Cup | Oriental Blend (GF)(VG)(BW) 35 Cal, 6oz |
| Scandinavian Blend (GF)(VG)(BW) 40 Cal, 6oz | Fried Okra 100 Cal, ¼ Cup | Taco Tuesday Bar (GF)(DF)(VG) 855 Cal, 2 Ea. With all options | Sliced Carrots (GF)(VG)(BW) 50 Cal, 1 Cup | <u>Comfort Zone</u> | California Blend (GF)(VG) 25 Cal, 4oz | Baby Carrots (GF)(VG)(BW) 30 Cal, 4oz |
| <u>Herbs Garden</u> | <u>Herbs Garden</u> | <u>Herbs Garden</u> | <u>Herbs Garden</u> | <u>Herbs Garden</u> | <u>Herbs Garden</u> | <u>Herbs Garden</u> |
| Mushroom Carnitas Tacos (GF)(VG)(BW) 384 Cal, 2 Ea. | Black Bean & Potato Enchilada (GF)(VG) 247 Cal, 2 Ea. | Vegan Cajun Freekeh & Kale Bowl 356 Cal | Vegan Portobello Margherita with Rosemary Polenta & Garlicy Spinach (GF) 490 Cal, Ea. | Via Piada 906 Cal, Ea. With all options | Vegan Scalloped Basil Tomatoes 249.7 Cal, 5oz | Kung Pao Cauliflower 189 Cal, 5oz |
| <u>Showthyme</u> | <u>Showthyme</u> | <u>Showthyme</u> | <u>Showthyme</u> | <u>Showthyme</u> | <u>Showthyme</u> | <u>Showthyme</u> |
| Cereal & Waffle Station (GF) 270 Cal, Ea | Cereal & Waffle Station (GF) 270 Cal, Ea | Cereal & Waffle Station (GF) | Cereal & Waffle Station (GF) | Cereal & Waffle Station (GF) 270 Cal, Ea | Cereal & Waffle Station (GF) 270 Cal, Ea | Cereal & Waffle Station (GF) 270 Cal, Ea |



Small enough to care . . . Big enough to make a difference.

Menu is Subject To Change Soup is Made Daily

