



Dinner Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Grill Works</u>	<u>Grill Works</u>	<u>Grill Works</u>	<u>Grill Works</u>	<u>Grill Works</u>	<u>Grill Works</u>	<u>Grill Works</u>
Beef Tips with Grilled Onions & Peppers 471.6 Calories Mashed Potatoes	Grilled Bacon & Pepper Jack Cheese Sandwich 481 Calories French Fries (GF)(VG) 110 Cal, 3oz	Cilantro Grilled Chicken Breast 280 Calories Lays Potato Chips 150 Cal, 1oz	Charbroiled Hamburger 104.2 Cal, 2 ea. French Fries 228 Cal, 3 ea.	Smokehouse BBQ Pulled Pork 208 Calories Creamy Coleslaw 150 Cal, 1oz	BBQ Pork Riblet on a bun 430.9 Calories French Fries 150 Cal, 1oz	Cuban Pulled Pork Sandwich (GF)(DF) 499 Calories French Fries 110 Cal, 3oz
<u>Pizza/Al Dente's</u>	<u>Pizza/Al Dente's</u>	<u>Pizza/Al Dente's</u>	<u>Pizza/Al Dente's</u>	<u>Pizza/Al Dente's</u>	<u>Pizza/Al Dente's</u>	<u>Pizza/Al Dente's</u>
Bruschetta Pizza 319 Cal, Slice Cheese Pizza 297.3 Cal, Slice	Basil Chicken & Roasted Red Pepper Pizza 425 Cal, Slice Cheese Pizza 297.3 Cal, Slice	Mediterranean Fire Roasted Tomato Spaghetti 398.3 Cal, 6oz	Breakfast Pizza 403.8 Cal, Slice Cheese Pizza 297.3 Cal, Slice	Black Bean & Artichoke Pasta 300 Cal, 3 ea.	Double Pepperoni Pizza 410 Cal, Slice Cheese Pizza 297.3 Cal, Slice	Rodeo Cheeseburger Pizza 541 Cal, Slice Cheese Pizza 297.3 Cal, Slice
<u>Comfort Zone</u>	<u>Comfort Zone</u>	<u>Comfort Zone</u>	<u>Comfort Zone</u>	<u>Comfort Zone</u>	<u>Comfort Zone</u>	<u>Comfort Zone</u>
Glazed Pork Loin (GF)(DF) 280.1 Cal, Each Brown Rice Royale (GF)(VG) 200 Cal, 6oz Key Largo Blend (GF)(VG)(BW) 30 Cal, 7oz Brazilian Broccoli (GF)(VG)(BW) 40 Cal, 6 oz	Caesar Chicken (GF) 335 Calories Seasoned White Rice (GF)(VG)(BW) 110 Cal, 4oz Baby Carrots (GF)(VG)(BW) 50 Cal, 4oz Prince William Blend (GF)(VG) 15 Cal, 4oz	Cajun Honey Pork Loin (GF)(DF)(BW) 290 Cal, 4oz Scalloped Potatoes 235 Cal, 4oz Fried Okra (VG)(BW) 35 Cal, 6oz Green Beans with Tomato, garlic, & Shallots (GF)(VG)(BW) 35 Cal, 6oz	Atlantic Cod (GF)(BW)(DF) 401 Cal, Ea. Brown Rice (GF)(VG) 279 Cal, 4oz Sautéed Broccoli & Cherry Tomatoes (GF)(VG)(BW) 25 Cal, 2/3 cup Italian Blend (GF)(VG)(BW) 50 Cal, 1/3 Cup	Lemon Dill Tilapia (GF) 484 Cal. Wild Rice (GF)(VG)(BW) 110 Cal, 4oz Gingered Carrots (GF)(VG)(BW) 25 Cal, 2/3 Cup Italian Roasted Snap Peas (GF)(VG)(BW) 60 Cal, 1/2 Cup	Bruschetta Chicken (GF)(DF) 250 Cal., 4oz Rosemary Red Potatoes 100 Cal, 2T Capri Blend 70 Cal, 3T Italian Cut Green Beans 60 Cal, 1/2 Cup	Jamaican Jerk Chicken Thigh 200 Cal. Each Pineapple Rice 50 Cal, 2oz Winter Blend Vegetables 70 Cal, 3T Mixed Vegetables 160 Cal, Ea.
<u>Herbs Garden</u>	<u>Herbs Garden</u>	<u>Herbs Garden</u>	<u>Herbs Garden</u>	<u>Herbs Garden</u>	<u>Herbs Garden</u>	<u>Herbs Garden</u>
Eggplant Ragout with Garbanzo Beans (GF)(VG)(BW) 357 Cal, Ea.	Vegan Shepherd's Pie (GF) 274 Cal, 4oz	Mixed Bean Creole (GF)(VG) 315 Cal, 6oz	Sweet Potato Patty Sandwich (GF)(VG) 85 Cal, Ea.	BBQ Tofu (GF)(VG) 110 Cal, 4oz	Mushroom & Caramelized Onion Bruschetta 356 Cal	Jamaican Jerk Cauliflower (GF) 401 Cal
	<u>Showthyme</u>	<u>Showthyme</u>	<u>Showthyme</u>	<u>Showthyme</u>	<u>Showthyme</u>	
	Kalamatas 480 Cal, Ea. With all options	Asian Chicken Salad 1244.1 Cal, Ea. With all options	Chicken & Vegetable Stir Fry (GF) 823 Cal, Ea. With all options	Via Piada (GF) 906 Cal, Ea. With all options	Biscuit Bar 1055.8 Cal, Ea. With all options	