



# Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b><u>Grill Works</u></b>	<b><u>Grill Works</u></b>	<b><u>Grill Works</u></b>	<b><u>SERVICE DAY</u></b> <b><u>OUTDOOR TACO</u></b> <b><u>BAR!!</u></b>  <i>Will be moved inside in case of bad weather</i>	<b><u>Grill Works</u></b>	<b><u>Grill Works</u></b>	<b><u>Grill Works</u></b>
Chipotle Boneless Chicken Wings 352 Cal, 4 Ea. Potato Chips 150 Cal, 1oz Peas & Carrots (GF)(VG)(BW) 50 Cal, 3oz	Cowboy Burger 590 Calories Cool Ranch Doritos 150 Cal, 1oz	Porchetta Sandwich (GF)(BW)(DF) 216 Calories Cool Ranch Doritos 150 Cal, 1oz	Barbacoa Tacos (Beef) (GF)(BW)(DF) 738 Cal / 2 Each	Grilled Beef Gyro 270 Calories Deluxe Greek Salad 216.3 Cal, 4oz	Chicken Taquitos 220 Cal, 3 Each Cheesy Refried Beans (GF) 149 Cal, 4oz	Polish Sausage (GF)(DF) 411 Calories French Fries (GF)(VG) 110 Cal, 3oz
<b><u>Pizza/Al Dente's</u></b>	<b><u>Pizza/Al Dente's</u></b>	<b><u>Pizza/Al Dente's</u></b>	Carnitas Tacos (Pork) (GF)(BW)(DF) 417 Cal / 2 Each	<b><u>Pizza/Al Dente's</u></b>	<b><u>Pizza/Al Dente's</u></b>	<b><u>Pizza/Al Dente's</u></b>
Roasted Red Pepper Orzo (VG) 168.6 Cal, ½ Cup	Penne Ala Rosa 504 Cal, 8oz	Rodeo Cheeseburger Pizza 541 Cal, Slice Cheese Pizza 297.3 Cal, Slice	Cilantro Lime Rice (GF)(BW)(VG) 130 Cal / 4oz	Beef & Bacon Pizza 459.9 Cal, Slice Cheese Pizza 297.3 Cal, Slice	Mac & Cheese 398.3 Cal, 6oz	Tuna Noodle Casserole 349 Cal, 1 Cup
<b><u>Comfort Zone</u></b>	<b><u>Comfort Zone</u></b>	<b><u>Comfort Zone</u></b>	<b><u>Comfort Zone</u></b>	<b><u>Comfort Zone</u></b>	<b><u>Comfort Zone</u></b>	<b><u>Comfort Zone</u></b>
Pancakes 115 Cal. Each Syrup 100 Cal, 2T Scrambled Eggs 70 Cal, 3T Ham Steaks 80 Cal, 3oz. Oval Hash-brown (GF)(DF) 100 Cal, Ea.	Green Chicken Curry (GF)(BW)(DF) 360 Cal, 4oz White Rice (GF)(VG) 110 Cal, 4oz Japanese Blend (GF)(VG)(BW) 35 Cal, 6oz	Herbed Garlic Chicken (GF)(DF) 411.2 Cal, 7oz Broccoli Cheddar Rice (GF) 307 Cal, 4oz. Green Beans (GF)(VG)(BW) 35 Cal, 6oz	Black or Pinto Beans (GF)(BW)(VG) 114 Cal / 4oz  Pico De Gallo (GF)(VG) Sour Cream (GF) Shredded Lettuce (GF)(VG) Cheddar Jack (GF)	Baked Chipotle Chicken (GF)(DF) 265 Cal. Each Sweet Yeast Rolls 190 Cal Chuckwagon Corn (GF)(VG)(BW) 160 Cal, 4oz	Grilled Brown Sugar Pork Chops (GF)(DF) 262 Cal, ea. Cheesy Potatoes 119 Cal, 4oz Roasted Cauliflower (GF)(VG)(BW) 70 Cal, 4oz	Biscuits 200 Cal. Each Country Gravy 50 Cal, 2oz Scrambled Eggs 70 Cal, 3T Sausage Patty 160 Cal, Ea. Diced Potatoes 80 Cal, 2/3 Cup
<b><u>Herbs Garden</u></b>	<b><u>Herbs Garden</u></b>	<b><u>Herbs Garden</u></b>	Raspberry Cheesecake Chimichangas 160 Cal Each	<b><u>Herbs Garden</u></b>	<b><u>Herbs Garden</u></b>	<b><u>Herbs Garden</u></b>
Rosemary Potato & Tomato Bake (GF)(VG) 196 Cal, 8oz	Sweet Potato & Kale Curry (VG)(GF) 385 Cal, 6oz	Herb Crusted Tofu (GF)(V)(BW) 259 Cal, 6oz	Churros 103 Cal / Each	Vegan Chipotle Chickpea Sandwich (GF) 377 Cal, Ea.	Vegan Black Bean Tacos (GF)(V)(BW) 328 Cal Ea.	Zucchini Pasta with Lentil Bolognese (GF)(VG) 627 Cal, 4oz
	<b><u>Showthyme</u></b>	<b><u>Showthyme</u></b>	Gluten Free Desserts Available	<b><u>Showthyme</u></b>	<b><u>Showthyme</u></b>	
	Hala Penos (GF)(DF) 1613.1 Cal, Ea. With all options	Paradise Alley (GF)(VG) 1055.8 Cal, Ea. With all options		Hot Dog Bar 791.6 Cal, Ea. With all options	Nacho Bar 1189.1 Cal, Ea. With all options	