



# Dinner Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b><u>Grill Works</u></b>	<b><u>Grill Works</u></b>	<b><u>Grill Works</u></b>	<b><u>Grill Works</u></b>	<b><u>Grill Works</u></b>	<b><u>Grill Works</u></b>	<b><u>Grill Works</u></b>
Hot Ham & Cheese on a Bun 208 Calories French Fries 110 Cal, 3oz	Grilled Chicken Pita (GF with Spinach Tortilla) (DF) 428 Calories French Fries 110 Cal, 3oz	Turkey Carnitas (GF)(DF) 521.3 Cal, 2 Ea. Black Beans (GF)(Vegan) 201 Cal, 4oz.	Monte Cristo Ham & Turkey Sliders 445 Cal, 2 Each Fritos 140 Cal, 1oz	Bacon Swiss Chicken Sandwich (GF) 410 Calories French Fries 110 Cal, 3oz	Crispy Sweet Chili Shrimp Tacos 444 Cal., 2 ea. Cilantro Lime Coleslaw (GF)(VG) 235 Cal, 3oz	Monterey Chicken Sandwich 483 Calories French Fries 110 Cal, 3oz
<b><u>Pizza/Al Dente's</u></b>	<b><u>Pizza/Al Dente's</u></b>	<b><u>Pizza/Al Dente's</u></b>	<b><u>Pizza/Al Dente's</u></b>	<b><u>Pizza/Al Dente's</u></b>	<b><u>Pizza/Al Dente's</u></b>	<b><u>Pizza/Al Dente's</u></b>
Supreme Pizza 425 Cal, Slice Cheese Pizza 297.3Cal, Slice	Dessert Pizza 250 Cal, Slice	Creamy Pesto Gemelli with Broccoli (BW) 570 Cal, 4oz	Meat Lover's Pizza 455.4 Cal, Slice Cheese Pizza 297.3 Cal, Slice	Baked Ziti 152.2 Cal, 4oz	Caramelized Onion & Bacon Pizza 473 Cal, Slice Cheese Pizza 297.3 Cal, Slice	Hawaiian Pizza 403.8 Cal, Slice Cheese Pizza 297.3 Cal, Slice
<b><u>Comfort Zone</u></b>	<b><u>Comfort Zone</u></b>	<b><u>Comfort Zone</u></b>	<b><u>Comfort Zone</u></b>	<b><u>Comfort Zone</u></b>	<b><u>Comfort Zone</u></b>	<b><u>Comfort Zone</u></b>
Chicken Marsala (GF)(DF) 614.4 Cal, Ea. Buttered Egg Noodles (GF VG Noodles available) 116 Cal, 4oz Scandinavian Blend (GF)(VG)(BW) 40 Cal, 6oz	Roasted Jamaican Pork Tenderloin 449 Cal. Each Coconut Rice 180.4 Cal, 4oz Roasted Yellow Squash 35.1 Cal, 4oz	Country Fried Pork Fritter w/ White Gravy 350 Cal, Ea. Mashed Potatoes (GF) 243.3 Cal, 6oz Green Beans (GF)(VG)(BW) 35 Cal, 6oz	Roasted Chicken Legs 614.4 Cal. Each Scalloped Potatoes 110 Cal, 4oz Broccoli 15 Cal, 4oz	Orange Glazed Popcorn Chicken 718 Cal, 4oz White Rice (GF)(VG) 103 Cal, 4oz Green Peas (GF)(VG)(BW) 60 Cal, 4oz	Chicken Cacciatore (GF)(VG)(BW) 310 Cal, Each Rice Pilaf (VG)(BW) 110 Cal, 4oz Roasted Yellow Squash (GF)(VG) 35 Cal, 8oz	Chicken Tamale 280 Cal. Each Spanish Rice (GF)(VG) 223 Cal, 4oz Corn (GF)(VG)(BW) 70 Cal, 4oz
<b><u>Herbs Garden</u></b>	<b><u>Herbs Garden</u></b>	<b><u>Herbs Garden</u></b>	<b><u>Herbs Garden</u></b>	<b><u>Herbs Garden</u></b>	<b><u>Herbs Garden</u></b>	<b><u>Herbs Garden</u></b>
Roasted Sweet Potato & Kale Bowl (GF)(VG) 621 Cal. 4oz	Vegan Tofu Halapeno Bowl (GF)(DF) 750 Cal, Ea. With all options	Mushroom Carnitas Tacos (GF)(Vegan) 384 Cal, 2 Ea.	Chana Masala (GF)(VG)(BW) 443 Cal, 6oz	Vegan Sesame Orange Ginger Chickpea Stir-Fry (GF)(BW) 248 Cal, 6oz	Mediterranean Eggplant Roll ups (GF)(VG) 298 Cal, Ea.	Vegan Stuffed Cabbage Rolls (GF) 356 Cal
	<b><u>Showthyme</u></b>	<b><u>Showthyme</u></b>	<b><u>Showthyme</u></b>	<b><u>Showthyme</u></b>	<b><u>Showthyme</u></b>	
	Halapenos (GF)(DF) 1613.1 Cal, Ea. With all options	Paradise Alley (GF)(VG) 1055.8 Cal, Ea. With all options	Sweet Potato Bar 275 Cal, Ea. With all options	Turkey Avocado Panini (GF) 823 Cal, Ea. With all options	Wasabi 825.8 Cal, Ea. With all options	